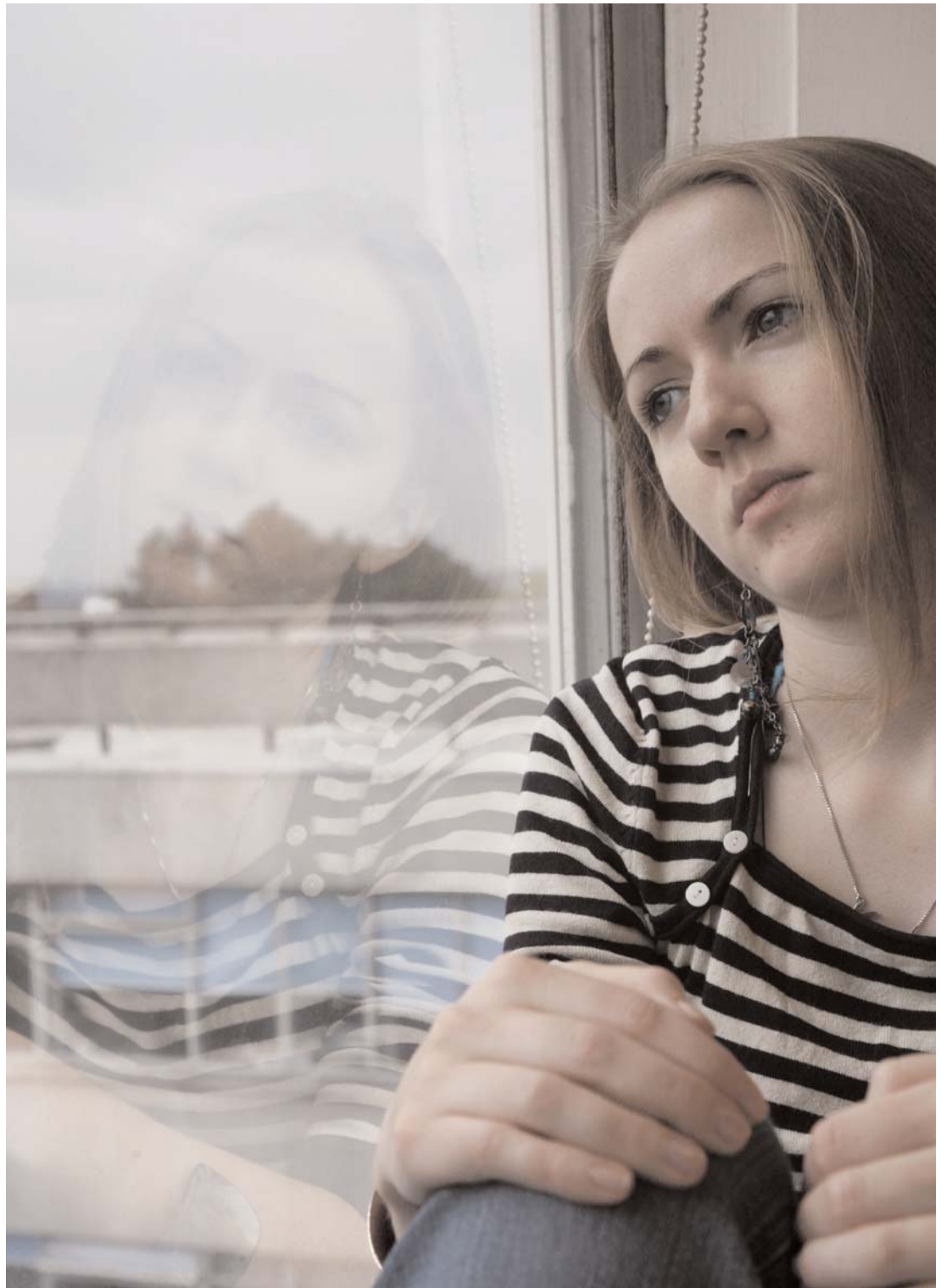


Working in the Young People's Consultation Service

Training
Programmes

October 2011

Ref. D7



This course is for qualified professionals in the mental health field with some previous experience of working within a psychoanalytic framework, who have an interest in developing their skills in working with adolescents and young adults and in working within a brief (4 session) model.

The Young People's Consultation Service (YPCS) is a self referral service offering brief (four session) consultations to young people between the ages of 16 and 30 who are experiencing personal and emotional difficulties.

Aim

- To develop students' understanding of the difficulties of adolescence and young adulthood.
- To increase skills in working with the 16 - 30 age group.
- To provide an opportunity to learn about working with in a psychoanalytically informed brief consultation model.

Course Content

Students attend one weekly seminar (one and half hours in length) where detailed presentations and discussion of YPCS case material takes place. Each seminar is led by an senior clinician with experience of working within this model.

Over the course of the year, students will have the opportunity of seeing a number of clients themselves within the Service, and then presenting this work within the seminar.

There may also be opportunities to see parents who have referred themselves to our four session Parents' Consultation Service.

Application

Applicants need to complete an application form and attend an interview with one of the YPCS staff.

FURTHER INFORMATION

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