

# BRIEF PSYCHOANALYTIC WORK WITH YOUNG BLACK PEOPLE

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The Tavistock Clinic  
**Training Programmes 2010 | 2011**

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**This course is aimed at black professionals, such as counsellors, therapists, social workers and other practitioners working within mental health or children services.**

**Black and minority ethnic staff are underrepresented within Child and Adolescent Mental Health Services, particularly in the psychoanalytic psychotherapy field.**

### THIS COURSE WILL HELP YOU TO:

- Learn about undertaking brief work within a psychoanalytic framework
- Acquire/extend your experience of working therapeutically with young black people and or their families
- Develop a deeper understanding of the clinical issues for black staff working with black clients.

### ORGANISING TUTOR

Frank Lowe

### IS THE COURSE RIGHT FOR YOU?

- Open to counsellors, therapists and other qualified practitioners with some knowledge/experience of working within a psychoanalytical framework
- The course involves detailed discussion of clinical work in small seminar groups and where possible seeing clients for 1 hour each week at the Tavistock Clinic.
- Time commitment totals between 2 - 3.5 hours per week over 1 academic year. This involves attendance to seminars on Mondays from 1.00pm - 3.00pm plus one hour when possible to see clients, and time to write up session notes.

### FURTHER INFORMATION

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