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One of my senior colleagues recommended M16 to me; having completed the course herself she suggested I look into it to support my career development. I'm not a psychologist. In my current role, I work in custom executive education, working with large, international companies to understand their organisation's learning and development needs - usually at senior management level - and develop programmes /learning solutions to meet these needs.

I enrolled on M16 because I wanted to gain a solid grounding in psychoanalytic theories and think about how these could link to and shape my day to day work in helping to develop better leaders within organisations. I have been lucky to secure 100% funding and time off for the seminars from my employer.

I am really pleased I chose this course. It's very challenging - working full-time whilst studying, getting my head round all the theories which are completely new to me - however it is wonderful to have my brain engaged in a different way from day to day work and I have already learnt so much in just one term - plus it will help me on the next step in my career!