

Family Therapy and Systemic Supervision

**TRAINING
PROGRAMMES**

OCTOBER 2012



Ref. M21

This is a very well regarded one-year part-time course for qualified family/systemic psychotherapists who want to become qualified systemic and family therapy supervisors. It is accredited by the Association for Family Therapy and graduates are eligible to register as qualified supervisors with AFT.

The course has been designed to attend to the multiple layers of supervisory experience, to ensure that course participants develop a theoretical framework and skills in family therapy and systemic supervision, both live and indirect, to consider issues of supervising across theoretical differences, and to have an opportunity to explore personal and professional aspects to supervision, with a strong focus on ethics and attention to social difference.

“ ”

The course was commended by the AFT accrediting panel for providing a multilayered reflection process, an integration of self and relational reflexivity, a strong theoretical base with a rich, up to date and interesting reading list, and a staff group of very experienced trainers.

“ ”

Programme outline

The key elements to the programme are:

Supervision of agency supervision:

Each course participant is required to negotiate a contract to provide live supervision to an individual for a minimum of 10 sessions, and a group throughout the year, in their work place, or another setting. This requires the backing of their agency and line manager. These will usually be professionals who have taken an introductory or intermediate systems/family therapy course and are in the advanced part of their systemic/family therapy training. This supervision is supervised through videotape review in a small group. Course participants will be paired to give feedback and observe each other's supervision groups.

Supervision of peer supervision:

Course participants will supervise each other, which will include personal professional development, in the presence of the supervisor of supervision, to enable feedback from different perspectives

Theoretical seminars:

Course participants will examine the literature on supervision of family therapy, research on supervision, and current debates in the field, and consider how these may be incorporated into supervision. It will explore issues of consulting and supervising across theoretical orientation. The course aims to enable course participants to take into account the wider societal context and cultural diversity, and to work with differences of 'race', gender, class, sexual orientation, ethnicity and ability.

Observation of live supervision:

Course participants will have the opportunity to observe live supervision of qualifying family therapists at the Tavistock Clinic, and to interview supervisors about the supervision process. Other opportunities to observe live supervision will also be negotiated.

Assessment

Assessment will be by course papers, self-report and supervisors' reports, and a viva.

Course participants will compile a portfolio of learning throughout the year, including feedback from peers and supervisees.

Qualification

Graduates receive the Tavistock Clinic Qualification in Family Therapy Supervision. Graduates are eligible to register as approved family therapy supervisors with the Association of Family Therapy.

Pre-requisites

Candidates need to have successfully completed an advanced qualifying Family/Systemic Therapy course and be registered or be eligible to register as a psychotherapist with the UKCP. They must also have a commitment for their own or another agency that they are able to live supervise a systemic therapy group in the agency throughout the period of the course, as well carrying out individual supervision, both retrospective and live, for at least ten sessions. Selection will be based on application, references and interview.

Dates and times

Two day blocks, Mondays and Tuesdays 9.30am to 5.30pm, monthly, starting with a three day block in early September. Course participants are expected to supervise an individual in their agency for a minimum of 10 sessions, and to supervise a group in their agency throughout the year. They will visit a peer's group several times in the year.

Organising tutor

Course Organising Tutor - Dr Charlotte Burck.
Teaching staff - Dr Charlotte Burck, Sara Barratt, Gwyn Daniel, Laura Glendinning, Dr Karen Partridge.

The course organising tutor is available for discussion about your application: cburck@tavi-port.nhs.uk

Applications

Closing date for applications is end of June. Interviews will take place on receipt of your application.

FURTHER INFORMATION

Course Administrator,
Directorate of Education and Training,
The Tavistock Centre, 120 Belsize Lane,
London NW3 5BA

Tel: 020 8938 2540

Fax: 020 7447 3837

Email: camhsadmin@tavi-port.ac.uk

www.tavistockandportman.ac.uk