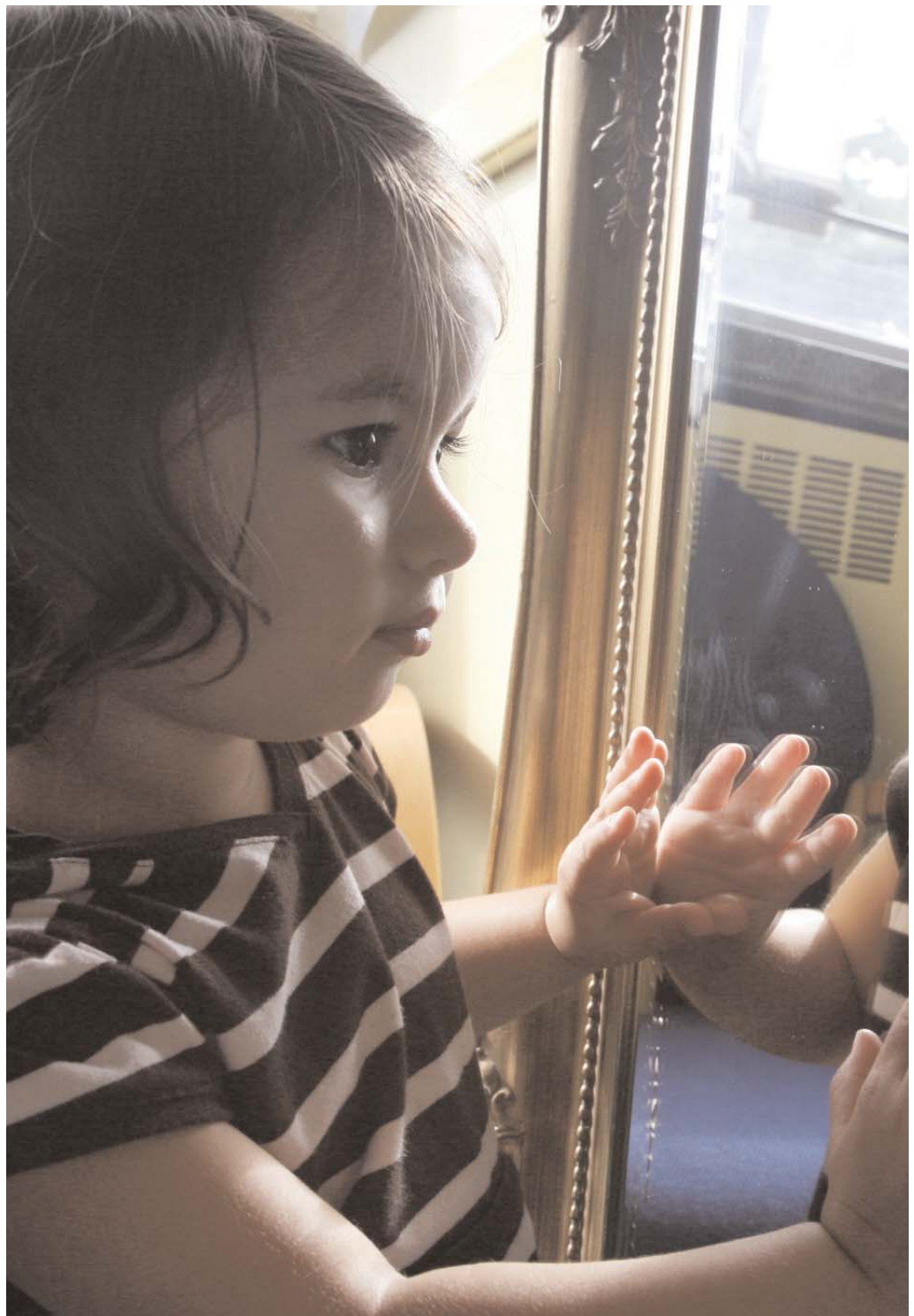


PROFESSIONAL DOCTORATE AND CLINICAL TRAINING IN  
Child and Adolescent Psychotherapy  
(DChPsychPsych)

**TRAINING  
PROGRAMMES**

OCTOBER 2012

Ref. M80



## Why Train in Child Psychotherapy at the Tavistock?

- International Centre of Excellence with a National Training Remit
- Long established tradition in training child psychotherapists and other disciplines to the highest clinical and ethical standards
- Largest clinical training in Child and Adolescent Psychotherapy internationally
- Taught by experienced clinicians working within the NHS
- Access to the exceptionally rich multidisciplinary scientific life of the Tavistock (ie attending extensive range of lectures, workshops and conferences)
- Diversity of trainees working around the UK (and internationally)
- Training School operates within NHS
- Training recognised by the Association of Child Psychotherapist (ACP) and the Department of Health
- Doctoral Qualification accredited through University of East London (UEL)
- Eligibility for membership of the Tavistock Society of Psychotherapists (TSP)

## Aims and objectives

- Clinically based training leading to qualification as a Child and Adolescent Psychotherapist.
- Highly specialised training in the provision of psychotherapeutic treatment to children, adolescents and their families - including those who have experienced trauma, abuse, social disadvantage and discrimination.
- Comprehensive understanding about knowledge, concepts, theories and techniques relevant to clinical practice and research, at the cutting edge of child and adolescent psychotherapy.
- Ability to work effectively and sensitively with the range of patients encountered in a multi-ethnic/racial/cultural society.
- Develop skills in research methodologies with opportunity to undertake individual research project and thesis
- Develop capacity to supervise and offer consultation to other clinicians working with distressed and disturbed client groups.
- Develop capacity to take a leading role in the multidisciplinary team (e.g. in planning and developing services)
- To be in an excellent position to apply for a post as a qualified child and adolescent psychotherapist following training and qualification.
- Long term commitment to profession and work within the NHS.

## Core components of clinical training

- Intensive Psychoanalytic Cases.
  - Treatment of three supervised cases of children and adolescents (at least three times weekly for at least 1-2 years each)
- Wide range of non-intensive training cases
  - Treatment of at least six children and adolescents on a less intensive basis (once or twice weekly for at least a year).
  - Experience of time limited therapeutic interventions
- Experience and training in assessment and brief focussed therapeutic work.
- Extensive experience of work with parents and/or parental couples.
- Experience in generic CAMHS work, including assessment, family and group work.
- Develop skills in supervising and consulting to other members of the multidisciplinary team and professional network
- Develop skills in research thinking and methodologies

### Extensive range of clinical supervision, seminars and workshops

- Specialist supervision for all aspects of clinical work
  - Individual and group supervisions
  - Seminars and Workshops on:
    - Assessment
    - Work with parents and parental couples
    - Specialist multidisciplinary workshops and seminars include: fostered and adopted children, refugees, autistic, borderline and psychotic children, children who are violent, delinquent or act out sexually, neuroscience, eating disorders, learning disabilities and others).
    - Theoretical Teaching
    - Individual Tutorial Support
    - Training Work Placement
- Course membership depends on employment as a trainee child and adolescent psychotherapist on a full or part time basis, where clinical work is undertaken under supervision.

### Admission criteria

Preliminary enquiries may be made at any time but applications can only be considered from those who have completed at least four terms of the course in Psychoanalytic Observational Studies.

The prerequisites for those who apply for this course are:

- Honours degree and a Postgraduate Diploma in Psychoanalytic Observational Studies
  - Exemption from some modules of the Observation Studies Course may be arranged, on an individual basis, for those who have undertaken equivalent training elsewhere

AND/OR

- A Masters in Psychoanalytic Observational Studies (if an Honours Degree is not held).

AND

- Professional Experience with a range of children and adolescents
  - Substantial experience of work with children of varying ages (under fives, latency and adolescence) within health, social, educational services or the third sector.
- Personal Psychoanalysis
  - Students must have completed a minimum of one year of intensive personal psychoanalysis (at least 3 times per week) with a psychoanalyst / psychotherapist who is recognised by the Tavistock training school.
- Successful interview to assess personal suitability for clinical training and practice
- Approval of the Organising Tutor and Training Management Group
  - Approval follows consideration of application, written submissions, references from seminar leaders and work supervisors and the interview.

### Membership of the course

- Four to five years - including clinical work and completion of research thesis
- Possibility to complete training part-time over an extended period
- Annual intake is usually 18 - 24 trainees.
- Training is also possible for those living or working at a distance from London.

### Fees

For sponsored students, fees are paid by the sponsors. The fees for 2010-2011 can be found at: <http://www.tavistockandportman.nhs.uk/fees/funding>, fees for 2011-2012 will be confirmed soon.

### Closing date

28 January 2011

#### FURTHER INFORMATION

Course Administrator,  
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